
Eighteenth Annual

**FORENSIC MENTAL HEALTH
CONFERENCE**

September 29 - 30, 2010



**PATTON STATE HOSPITAL
3102 EAST HIGHLAND AVENUE
PATTON, CALIFORNIA 92369
(909) 425 - 7000**

The Eighteenth Annual Patton State Hospital Forensic Mental Health Conference is presented without cost to participants in an effort to bring together individuals who share an interest in forensic mental health issues. You will see by the following program that effort has been made to provide presentations of interest to participating friends, families and professional colleagues. This conference would not be possible without the generous donations from NAMI Patton and the National Association of Mental Health Program Directors.

I invite you to join us on September 29 and 30, 2010, for another educational experience; pre-registration for the conference is not required. Participation in concurrent presentations during the conference will be on a first-come first-served basis; presentations will be closed when attendance reaches fire capacity of the assigned room.

OCTAVIO C. LUNA
Executive Director

Patton State Hospital Administration

OCTAVIO C. LUNA
Executive Director

GEORGE CHRISTISON, M.D. (A)
Medical Director

BLANCH SHEERER
Hospital Administrator

JOSEPH MALANCHARUVIL, PhD
Clinical Administrator

2010 Conference Planning Committee

Julie De Palma, TO/SDC, Conference Facilitator
Cindy Barrett, Administrative Assistant
Randy Bohlmann, NC
Christopher Flagg, Audio Visual
Kevin Garland, Program Director
Ginny Gibialante, Program Director
Veronica Kaufman, LCSW, Chief, Social Work Service
Jack Kennedy, C.P.R.P.
Wadsworth Murad, D.O. Chief of Professional ED
Eliseo Reyes, PNED
Gari-Lynn Richardson, Director of Standards Compliance
Greg Siples, Chief, Rehabilitation Therapy Service

CONTINUING EDUCATION

All presentations will offer continuing education units (CEU) for nursing disciplines and Rehabilitation Therapists. Thirteen presentations have been applied for Category I, Continuing Medical Education credits for physicians. Courses meet the qualifications for 11.5 hours of continuing education credit for MFT's and LCSW's as required by the California Board of Behavioral Sciences (PCE 603).

Eighteenth Annual
FORENSIC MENTAL HEALTH CONFERENCE
Patton State Hospital

Wednesday September 29, 2010

8:00-8:30 **Registration**
8:30-9:00 **Welcome and Orientation**

9:00-10:15 **KEYNOTE ADDRESS:** **Auditorium**

Presentation: **Recovery Partnership in Developing a Trauma Informed System**

Presenter: **Raul Almazar, RN, MA**

**Faculty/Project Coordinator, National Coordinator Center for the Prevention of Violence,
Trauma and Use of Restraint and Seclusion**

National Association of State Mental Health Program Directors

Summary: Presentation will show how to understand the neurobiological effects of trauma, learn the physical effects of trauma, prevalence of trauma and implications in mental health practice, examine common practices in organizations that are re-traumatizing, and practical tips on how to develop collaborative practices.

1.5 CEU/S.W.CEU

10:15-10:30 BREAK

10:30-11:45 **NON-COMPETING WORKSHOP**

Presentation: **What Can We Do To Reduce Assaults at Patton?** **Auditorium**

Presenter: **George Christison, MD, Medical Director (A)**

Joseph Malancharuvil, Ph.D., ABPP, Clinical Administrator

Patton State Hospital

Summary: Presenters will review literature on factors that contribute to outward-directed aggression in facilities similar to Patton, and data regarding intervention strategies. We will then report relevant data on assaults at Patton and give examples of proposals that have come forward from staff and individuals to reduce aggression. Finally, current plans regarding implementing pilot programs to test the proposed ideas will be presented.

1.5 CEU/S.W. CEU/CME

11:45-1:15 **LUNCH**

1:15-2:45 Concurrent Presentations

Auditorium

Presentation: Staffs Expectations vs Consumer Progress Working Together on Their Goals

Presenter: John Glover, MSW
Antelope Valley Enrichment Services

Summary: What is the impact of the provider's expectations on the consumer's progress? The mental health system mandates we focus on predetermined outcomes such as housing and employment. Tension can develop between the provider's role and the consumer's needs. This institute will address bridging these two perspectives.

1.5 CEU/S.W. CEU

Presentation: Mindfulness and The Helping Profession Staff Development Center-Room 105

Presenters: Ginny Gibialante, PD, LCSW and Jack Kennedy, C.P.R.P.
Patton State Hospital

Summary: Mindfulness, what is it and how can we use it to help our individuals? This presentation will present an overview of mindfulness and how it is being used to effectively promote physical and mental well being. Mindfulness, as a self-care strategy for caregivers will also be explored.

1.5 CEU/S.W. CEU

Presentation: The Discovery of Self through Native Teaching Staff Development Center-Room 111

Presenters: Larry Rivera, Native American Spiritual Leader
Patton State Hospital

Summary: This workshop will teach facilitators ways of building a positive self-image which includes expecting every individual to succeed, recognizing individuals' strengths, compliments instead of criticism, and much more.

1.5 CEU

1:15-2:45 Concurrent Presentations (Continued)

Presentation: To Extend or Not Extend, When is a MDO No Longer a MDO

Fitness Center

Presenter: Mendel Feldsher, MD
Patton State Hospital

Summary: A clear understanding of Mentally Disordered offender (MDO) criteria is vital because when an individual on a MDO commitment is determined by a treatment team to no longer meet MDO criteria, he or she will ultimately be released into the community without a hearing. Unfortunately, aspects of the criteria are not crystal clear. On September 16, 2010, San Bernardino County District Attorney's and Public Defenders gathered together with members of the Patton Forensic Review Panel for a friendly, but spirited debate regarding how PC 2970 statutory language should be interpreted in hypothetical, (but realistic) cases regarding whether MDO Criteria was or was not met. Insights and distinctions gleaned from the discussion will be presented in a case-based format.

1.5 CEU/S.W. CEU/CME

Presentation: Seizure Disorder

Cottage K

Presenter: Behnam Behnam, MD, Chief of Professional Education
Metropolitan State Hospital

Summary: Presentation will touch on the many types of seizures and treatments; testing or neurological examination for seizures between the attacks may be normal, as well as the EEG & the diagnosis may ultimately be clinical based on observation of a witness especially in hospitalized patients. Staff will be educated about what should be done and what should not be done during and after seizures.

1.5 CEU/S.W. CEU/CME

**Presentation: Hearing Voices that are distressing a Simulated
Training Experience and Self Help Strategies**

Plant Operation's Conf. Room

Pre-registration is required

1:15 to 4:30

Presenter: Veronica Kaufman, Chief of Social Work Service; Kia; Martin, LCSW; Anthony Ortega, LCSW; Tiffany Rector, LCSW; Sjoekje Sasbone, LCSW; Rocio Urbina, LCSW; Rachel Strydom, LCSW; Edward Williams, LCSW
Patton State Hospital

Summary: This is a training in which participants use headphones for listening to a specially designed audiotope. During this simulated experience of hearing voices, participants undertake a series of tasks including social interaction in the community, a psychiatric interview, cognitive testing, and an activities group in a mock day treatment program. The simulation experience is followed by a debriefing and discussion period.

3 CEU/S.W. CEU

2:45-3:00 BREAK

3:00 – 4:30 Concurrent Presentations

Auditorium

Presentation: Building Recovery-Oriented Systems: Relationships as the Foundation

Presenter: Thomas Lane, CPRS

National Director, Consumer and Recovery Services

Summary: This workshop will explore how relationships are one of the most influential aspects of recovery-oriented systems. Various strategies for enhancing relationships to support recovery for individuals in forensic setting will be shared and discussed. Examples from the literature and real-life experiences in the areas of policy, program design, peer support, and person-centered planning will be provided.

1.5 CEU/S.W. CEU

Presentation: Music Therapy for 1370's

Staff Development Center-Room 108

Presenter: Andrew Sammons, RT

Napa State Hospital

Summary: Music therapy can address a wide array of competency domains including legal issues, treatment compliance, frustration tolerance and motivation, and effective communication. Music therapy is a useful treatment modality that is being used, yet there is little information on what it is and how it functions in a 1370 program.

1.5 CEU/S.W. CEU

Presentation: Using Motivational Interviewing as a Model to Train Nursing Staff in Effective Communication

Staff Development Center-Room 111

Presenter: Mike Hughes, BSN, MA; Ernest Marshall, LCSW, CADC II; Martin Holman, PH.D.

Atascadero State Hospital

Summary: An introduction to the philosophy and techniques of Motivational Interviewing as applied to training nursing staff in effective ways to communicate during typical milieu interactions on the unit.

1.5 CEU/S.W. CEU/CME

3:00 – 4:30 Concurrent Presentations (Continued)

Presentation: The Good Lives Model: Emerging Trends in Sex Offenders

Fitness Center

Presenter: Julie Yang, Psy.D. & Kirsten Richter, LCSW
Patton State Hospital

Summary: Presentation will provide an understanding of the Good Lives Model (Ward & Brown, 2004), a strengths-based approach to sex offender treatment. Incorporating the Good Lives Model into treatment will enhance the individual's ability to maintain an offense-free lifestyle while re-integrating more successfully into the community.

1.5 CEU/S.W. CEU/CME

Presentation: Cognitive Therapy for Psychotic Symptoms

Cottage K

Presenter: Adam Brotman, Psy.D.; Peter Pretkel, Psy.D.; Richard Morey, PH.D.
Atascadero State Hospital

Summary: Workshop will acquaint participants with the body of research supporting the efficacy of cognitive-behavioral approaches in managing symptoms of psychosis. Historically, this treatment model has been primarily applied within an individual therapy model. Based upon the work of Kingdon and Turkington (2005), we have developed and implemented a group curriculum entitled Cognitive Therapy of Psychotic Symptoms. This treatment manual is composed of eleven chapters organized around six themes.

1.5 CEU/S.W. CEU/CME

Thursday, September 30, 2010

8:00-8:20 Registration

8:20-8:30 Welcome and Orientation

8:30-10:00 KEYNOTE ADDRESS:

Presentation: Scrambled Eggs and Jefferson Transition House

Auditorium

Scrambled Eggs Cast: Beverly Baird; Mark Borquez; Dave Foltz; Tiffany Keeler; John Vanlancker

Director of Art Works: Drew Oberjuerge

Jefferson Transition House: Sue Moreland CEO, and Karen Hudson, Peer/Executive Director

Summary: Presentation will show life experiences of how encouragement, empowerment, support and love can change one's life; to maintain recovery and fulfilling one's dreams by giving hope that one's dreams are obtainable, with peer stories' from "Dark days to Wellness."

_____.1.5 CEU/S.W. CEU

10:00-10:15 Break

10:15-11:45 Concurrent Presentations

Presentation: Positive Psychology: Implications for Forensic Hospitals

Auditorium

Presenter: Nitin Kulkarni, MD and Dennis Wallstrom, Ph.D..

Patton State Hospital

Summary: The recently conceptualized field of Positive Psychology will be reviewed as an umbrella-concept that ties together several threads of inquiries in the field of well-being and happiness: Including positive character, positive experience, positive relationships, as well as positive institutions. Implications of these for Forensic Hospitals in the context of Recovery Philosophy will be discussed.

_____.1.5 CEU/S.W. CEU/CME

10:15-11:45 Concurrent Presentations (continued)

Presentation: Water Intoxication

Staff Development Center-Room 105

Presenter: Carise Charles, RN, MSN, NP & Greeta Dason, RN, BSN, NI
Patton State Hospital

Summary: Presentation will examine the fluid and electrolytes. Hyponatremia is explored as it relates to all water intoxication candidates. A broad picture of hyponatremia and the history of this diagnosis are examined as it relates to psychiatric and non-psychiatric individuals with hyponatremia.

1.5 CEU/S.W. CEU

Presentation: Laughter and Health for Developing Social Skills among Individuals

Staff Development Center-Room 108

Presenter: Angela Shum, RT (MA, MT-BC, MTA, NMT, RN)
Patton State Hospital

Summary: Presentation will touch on brief history of therapeutic laughter, introduction of laughter Yoga. A questionnaire related to laughter will be completed as well as examples of laughter Yoga exercises and encourage participation from the audience and discussion and feedbacks related to its implication to our forensic psychiatric clients.

1.5 CEU/S.W. CEU

**Presentation: Use of California Therapy and the Meaning of Life and Happiness Group in the Treatment
of Violent Sexual Predators**

Staff Development Center-Room 111

Presenter: Robert Bates, Psy.D.
Coalinga State Hospital

Summary: Presentation on how aging individuals with indeterminate sentences or life threatening illnesses appeared despondent, asking themselves whether life had any meaning. Showing how individuals learn to attempt to solve perennial existential questions regarding stress, anxiety, personal responsibility, identity, choices, suffering and ultimately happiness.

1.5 CEU/S.W. CEU/CME

10:15-11:45 Concurrent Presentations (continued)

Presentation: Changes in Attitudes: A Staff Development Initiative

Fitness Center

Presenter: Thomas Lane, CPRS

National Director, Consumer Recovery Services

Summary: Our knowledge and attitudes about recovery drive our beliefs and practices. Sometimes we are surprised to find our beliefs and practices can be improved by changing the way we look at things. This workshop will discuss how the Recovery Knowledge Inventory (RKI) tool can be used as a resource to assess and guide staff development needs. Results from an initiative using the RKI in a forensic hospital will be reviewed and discussed.

1.5 CEU/S.W. CEU

**Presentation: MDO and: A Lawyer's View of What is Wrong
and How It Can Be Fixed**

Cottage K

Presenter: Ed O'Brien, Supervising Deputy Public Defender

San Bernardino

Summary: Professionals in Mental Disorder Offender (MDO) practice must understand the jury system in order to reduce the number of patients released to the streets without services. Whether or not a patient meets criteria depends on who you ask. DMH, CONREP, and the Courts work with a different understanding of MDO standards. All stakeholders share a common understanding of the standard for treatment in a MDO case.

1.5 CEU/S.W. CEU

11:45-1:15 Lunch

1:15-2:45 Concurrent Presentations

Presentation: Preparation for Successful Transitions to CONREP and Beyond

Auditorium

Presenter: Dan Sussman, PH.D., Community Program Director; Cynthia Lermond, Psy.D., Clinical Director; Anna Kafka, Psy.D., Evaluation Manager; Bret Morana, Psy.D., Gateways Satellite Program Director

Gateways/Los Angeles

Summary: Gateways/Los Angeles Conditional Release Program (CONREP) staff will facilitate a panel presentation and discussion on preparing individuals for a successful adjustment to CONREP; the value of collaboration between the state hospital and CONREP; the benefits and service available through CONREP; and what life is like during CONREP as well as after discharge from CONREP.

1.5 CEU/S.W. CEU/CME

Thursday, SEPTEMBER 30, 2010

1:15-2:45 Concurrent Presentations

Presentation: Your Brain on Art: Exploring Pathways, Process and Change

Staff Development Center 108

Presenter: Alice Madden, RT (ART)
Napa State Hospital

Summary: This presentation explores how the brain processes fear in borderline personality disordered individuals, review work created in art therapy activities with individuals in a state hospital and has an art experiential component with workshop participants that explores efficacy.

1.5 CEU/S.W. CEU

Presentation: Dialectical Behavior Therapy (DBT) in an Inpatient Forensic Setting

Presenter: Michael Tandy, PH.D.
Atascadero State Hospital

Staff Development Center 111

Summary: Self harm is a significant risk for individuals in forensic settings. The strongest predictors for self-harm in this population are emotional dysregulation and relationship instability. It is proposed that forensic settings pro-actively address this increasing risk by establishing treatment centered in DBT APA Division 12 endorses DBT as the only effective treatment for a personality disorder.

1.5 CEU/S.W. CEU/CME

1:15-2:45 Concurrent Presentations (continued)

Presentation: The Change in You: Your Place in Recovery

Fitness Center

Presenter: James Baca, AGPA and Hope Marriott, LCSW
Patton State Hospital

Summary: The change in you: “Your Place in Recovery” is an instructional discussion of your position in the recovery model. We attempt to help identify the basic components of the recovery philosophy, the tools needed to implement the program. We focus on how you can be the key to success in the program through the identification of potential pitfalls and help you to discover the tools for success.

1.5 CEU/S.W. CEU

Presentation: Making Trauma-Informed Care Real

Cottage K

Presenter: Raul Almazar, RN, MA

National Association of State Mental Health Program Directors
Barrington Illinois

Summary: Participants identify traumatizing and re-traumatizing practices within their institution; Participants will identify alternative practices that are more sensitive to the individual’s trauma experience.

1.5 CEU/S.W. CEU

Presentation: Hearing Voices that are distressing a Simulated Training Experience and Self Help Strategies

Plant Operation’s Conf. Room

1:15 to 4:30 Pre-registration is required

Closed

Presenter: Veronica Kaufman, Chief of Social Work Service; Kia; Martin, LCSW; Anthony Ortega, LCSW; Tiffany Rector, LCSW; Sjoekje Sasbone, LCSW; Rocio Urbina, LCSW; Rachel Strydom, LCSW; Edward Williams, LCSW
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3 CEU/S.W. CEU

2:45-3:00

Break

3:00-4:30 Concurrent Presentations

Presentation: How to Best Prepare for Forensic Testimony

Auditorium

Presenter: Diane Harrison, Deputy District Attorney

San Bernardino

Summary: A light-hearted look at the court process and what witnesses can expect while testifying. Common problems with forensic reports, and mistakes witnesses frequently make, are explored and suggestions for avoiding problems are addressed. Common legal issues in MDO, SVP and NGI cases are also explained.

1.5 CEU/S.W. CEU

Presentation: ACCORD

Staff Development Center 105

Presenter: Chinh Pham, MD

Patton State Hospital

Summary: This presentation will show the results of the ACCORD-epidemiologic studies have shown a relationship between glycated hemoglobin level and cardiovascular events in patients with type-2 diabetes. We investigated whether intensive therapy to target normal glycated hemoglobin level would reduce cardiovascular events in patients with type-2 diabetes who had either established cardiovascular disease or additional cardiovascular risk factors.

1.5 CEU/S.W. CEU/CME

Presentation: It's My Goal Not Yours

Staff Development Center 108

Presenter: Ginny Gibialante, PD, LCSW and Jack Kennedy, CPRP

Patton State Hospital

Summary: Join Ginny Gibialante, Program Director and Jack Kennedy, the first Certified Psychiatric Rehabilitation Practitioner working in the California State Hospital System for ninety minutes of fun, games, stories and prizes as we explore together the process of life goal formulation from the perspective of the individual.

1.5 CEU/S.W. CEU

Presentation: PTSD in Haiti

Staff Development Center 111

Presenter: Jack Alvord, Ph.D

Tehachapi, CA

Summary: As a behavioral anthropologist, Dr. Jack Alvord, will share his passion for Haiti around his work in doing what he could as a psychologist, addressing the trauma experienced by all of Haiti and her Diaspora. What was learned may surprise you and as most visitors to Haiti you may be repulsed or as 20% of visitors do, become addicted with the romance and adventure inherent in your contact.

In experiencing this alternative life style, you will see different dreams and a real window on our own future as we deplete our natural resources, expand our population, fence with other countries, and , yes, deal as best we can with natural disasters for which there is only one option - to stay and make the best of what is left. And they are doing so heroically.

1.5 CEU/S.W. CEU/CME

3:00-4:30 Concurrent Presentations (continued)

Presentation: Good Morning Patton! Community Development Radio Show

Fitness Center

Presenter: Kevin Garland, Acting Program Director
Patton State Hospital

Summary: Welcome to Patton Broadcasting! "Good Morning Patton" is a morning announcement program which is broadcast every Monday, Wednesday & Friday morning through the hospital-wide intercom system. "Good Morning Patton" is designed to be an informative, positive, genuine and trustworthy communication tool that highlights weekly activities, special events, and unique educational opportunities for all Patton individuals. Those who attend this presentation will learn how "Good Morning Patton" is designed, recorded and produced through the collaborative efforts of Patton individuals and staff. Participants will also experience the excitement of recording their own radio program!

1.5 CEU/S.W. CEU

Presentation: Successful Management of overweight & Obesity; What does it take?

Cottage K

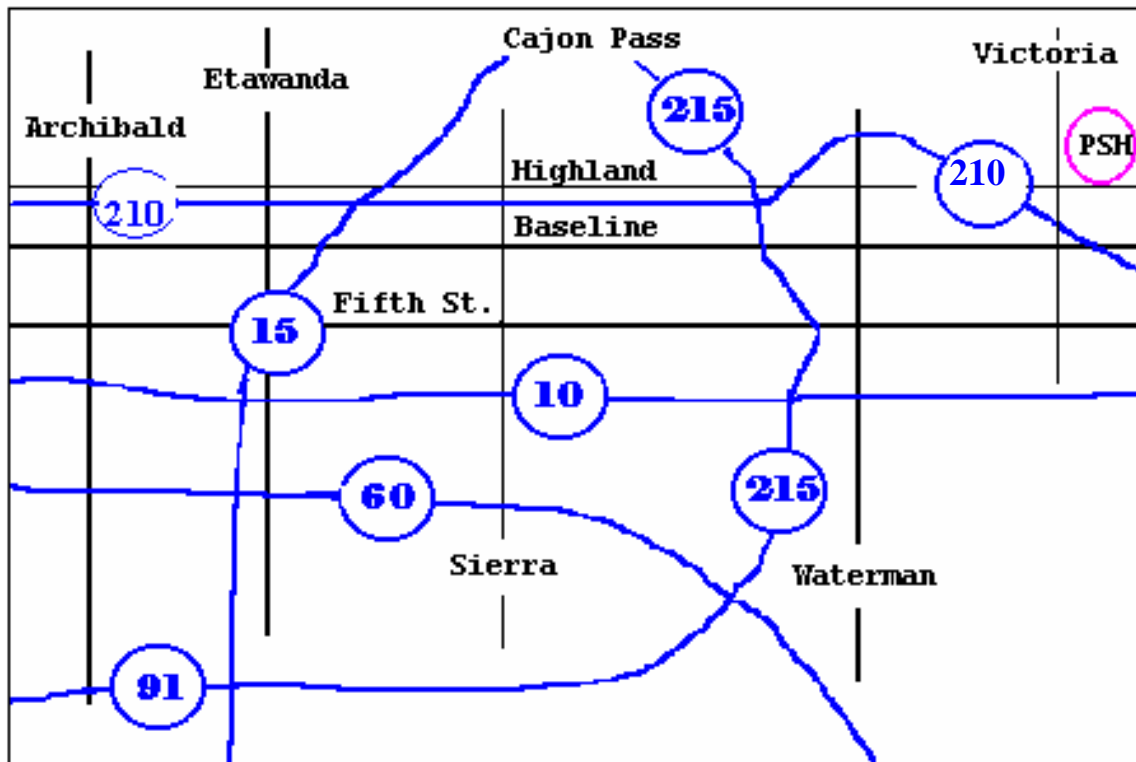
Presenter: Susan Protacio, M.D.; Steve Palomino, RD; Yok Choi, Psy.D.; Erin Cross, RT
Patton State Hospital

Summary: Obesity of individuals at Patton State Hospital has dramatically increased over the past several years. The presenters will discuss the impact of obesity on the quality of life and how this can affect the body and mind in ones recovery process. This presentation will include a review of the Win over Weight (WOW) approach including exercise, education, and therapy designed to motivate participants to actively engage in his/her own total physical health.

1.5 CEU/S.W. CEU/CME

End

Where is Patton State Hospital?



DIRECTIONS:

From the I-10 West: Take the I-10 East to 210 West; exit Highland Ave. turn Right on Highland, pass Victoria Avenue- Patton State Hospital (3102 E. Highland) is on left side.

From 210 West: Take 210 East towards Redlands, exit Highland Ave. turn Left on Highland, pass Arden and Victoria Avenues-Patton State Hospital (3102 E. Highland) is on the left side.

WHERE IS THE AUDITORIUM AND PARKING?

Enter the main entrance to the hospital from Highland Avenue, turn left in front of the Administration building (second stop sign, at the flag pole); Auditorium is directly ahead on the right.

Please follow signs posted for Parking.

Parking is available near the auditorium, and Staff Development Center. Do NOT park in designated RIDESHARE parking. Parking and traffic laws are enforced by the Hospital Police Department and the California Highway Patrol.

